

NEIL ROBINSON WILL BE GUEST OF HONOUR AT EACH OF THESE EVENTS IN 2014:

NORTHERN VEGAN FESTIVAL (JOINT WITH LABL FAIR BLACKPOOL) - SEPT 13TH
EMPRESS BALLROOMS, WINTER GARDENS (BLACKPOOL FY1 1HL),
WWW.NORTHERNVEGANFESTIVAL.COM
AND WWW.BLACKPOOL.LABL.ORG.UK

VEGFESTUK LONDON - SEPT 27TH 28TH
KENSINGTON OLYMPIA WEST HALLS (LONDON W14 8UX),
WWW.LONDON.VEGFEST.CO.UK

LABL FAIR EDINBURGH - OCT 4TH
EDINBURGH CORN EXCHANGE (EDINBURGH EH14 1RJ),
WWW.EDINBURGH.LABL.ORG.UK

WEST MIDLANDS VEGAN FESTIVAL - OCT 25TH
THE WOLVES CIVIC (WOLVERHAMPTON WV1 1RQ),
WWW.VEGANMIDLANDS.ORG.UK/FESTIVAL

NORTH EAST VEGAN FESTIVAL - NOV 2ND OR NOV 9TH (DATES TBC IN MID-JUNE)
STADIUM OF LIGHT (SUNDERLAND SR5 1SU),
WWW.NORTHEASTVEGANFESTIVAL.CO.UK

VEGFESTUK ARE DELIGHTED TO BE SPONSORING NEIL'S APPEARANCE AT THESE SHOWS!

ADMISSION TO NEIL'S TALKS AND DEMOS IS FREE, BUT THERE MAY BE A SMALL ADMISSION FOR ENTRY TO THE SHOWS. PLEASE CHECK THE SHOW WEBSITES ABOVE FOR DETAILS.



Neil Robinson

ON TOUR 2014

NEIL ROBINSON IS THE WORLD'S 1ST VEGAN FOOTBALLER TO PLAY AT THE TOP LEVEL WHILST TRAINING ON A VEGAN DIET. AN ACCOMPLISHED FULL-BACK, NEIL PLAYED FOR EVERTON AND SWANSEA CITY IN THE 70'S AND 80'S.

NOW, IN HIS 50'S, NEIL IS TOURING THE UK'S **LEADING VEGAN EVENTS** WITH HIS UNIQUE SMOOTHIE DEMOS AS WELL AS DIET AND FITNESS TIPS.

MARCH 29TH 30TH VEGFESTUK BRIGHTON
APRIL 12TH LABL FAIR LIVERPOOL
MAY 10TH GREAT YORKSHIRE VEGAN FESTIVAL
MAY 23RD 24TH 25TH VEGFESTUK BRISTOL
JUNE 7TH NORTH WEST VEGAN FESTIVAL
JULY 26TH NEWCASTLE VEGAN FESTIVAL
SEPT 13TH NORTHERN VEGAN FESTIVAL
(JOINT WITH LABL FAIR BLACKPOOL)
SEPT 27TH 28TH VEGFESTUK LONDON
OCT 4TH LABL FAIR EDINBURGH
OCT 25TH WEST MIDLANDS VEGAN FESTIVAL
NOV 2ND OR NOV 9TH (DATES TBC IN JUNE)
NORTH EAST VEGAN FESTIVAL

SPONSORED BY



FOR MORE INFO ABOUT ANY OF THESE SHOWS, VISIT
WWW.VEGFEST.CO.UK

WWW.NEILROBINSONVEGAN.COM



Hi, I'm Neil and, after being vegetarian for 10 years, I became vegan 34 years ago whilst playing top flight football for Swansea City.

I've been vegan ever since and it's my pleasure to bring to you a taste of my favourite smoothies, and also an insight into my training and fitness schedules, designed especially to keep people in the fifties and sixties in the peak of health and free from life threatening and degenerative diseases.

Neil Robinson contact:
www.neilrobinsonvegan.com
neil@neilrobinsonvegan.com



SMOOTHIE DEMO:

Join ex-Everton footballer Neil Robinson in this informative and easily accessible smoothie demo. Neil's demo is lively and humorous and involves some fantastic smoothie tasting, including his favourite smoothie recipes which are rich vegan sources of protein and essential fatty acids.



TALK: PLANT-BASED FITNESS FOR OVER 50'S

Neil Robinson along with his brother John (BA Hons Sports Studies and BA Hons Food, Nutrition & Health) will be talking about a vegan plant-exclusive lifestyle which can be augmented by an aerobic fitness & high-rep weight training conditioning programme for the benefit of everyone - but with an emphasis on the over 50's.

NEIL ROBINSON WILL BE GUEST OF HONOUR AT EACH OF THESE EVENTS IN 2014:

GREAT YORKSHIRE VEGAN FEST - MAY 10TH
THE QUEENS HOTEL (LEEDS LS1 1PJ)
[HTTP://YORKSHIREVEGANFESTIVAL.COM](http://yorkshireveganfestival.com)

VEGFESTUK BRISTOL - MAY 23RD 24TH 25TH
AMPHITHEATRE (BRISTOL BS1 5LL)
[WWW.BRISTOL.VEGFEST.CO.UK](http://www.bristol.vegfest.co.uk)

NORTH WEST VEGAN FESTIVAL - JUNE 7TH
LANCASTER TOWN HALL (LANCASTER LA1 1P) AND THE GREGSON CENTRE (LANCASTER LA1 3PY)
[HTTP://NORTHWESTVEGANFESTIVAL.CO.UK](http://northwestveganfestival.co.uk)

NEWCASTLE VEGAN FESTIVAL - JULY 26TH
THE CASTLEGATE (NEWCASTLE NE1 2JQ)
[WWW.VEGANFESTIVAL.CO.UK](http://www.veganfestival.co.uk)

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VegfestUK and Yaoh, sponsors of the Neil Robinson tour 2014, are organisers of the biggest veggie and vegan events in the UK. They hold 3 big shows each year, in Brighton, Bristol and London, and they also sponsor a number of other leading vegan events across the UK.

www.vegfest.co.uk www.yaoh.co.uk

VEGFESTUK
AMPHITHEATRE BRISTOL

yaoh